



Guidelines to be a Patient for L.C.F.R. EMS Classes

- Must be at least sixteen (16) years old unless younger patients are specifically being requested for pediatric training.
- It is not required that patients be directly affiliated with LCFR, either career or volunteer. Friends and family are welcome.
- Patients should have an understanding that EMS training is “hands on”. In order for students to properly perform an assessment or intervention, they must touch, feel and manipulate the body as appropriate to treat for injuries. Patients give permission for and should be comfortable with this manner of physical contact.
- Patients should be prepared to wear “cut away clothing provided by the training center, and to possibly have moulage applied (make-up and latex to simulate injuries). This “cut away clothing” will be rearranged/removed as appropriate to assess and treat the injuries. We ask that males wear shorts or swimwear, and females wear shorts and sports bra. Bikinis, thongs, and/or other “fashion undergarments” are inappropriate for either sex during these training exercises, and will not be tolerated.
- The training center is located at 16600 Courage Court SE, Leesburg VA 20175. Patients typically report to the Annex (white trailer-like building) in the main break room. They should identify themselves as a patient and ask for the lead instructor. That person will provide specific instructions about the planned training session and your role as a patient. If you don’t understand what the lead instructor is asking of you or the terminology – please ASK.
- If you have questions about your role during the training speak to the lead instructor, or the instructor or evaluator who is working your scenario – not the students.
- Vending machines are on site and a refrigerator is available to store your lunch or snacks.
- Questions, concerns, comments can be directed to the EMS training Staff at 703.737.8400.
- For volunteer related questions please contact Karen McQuaid at 703.777.0568 or karen.mcquaid@loudoun.gov

Thank you for your participation as a patient.